

ABSTRACT

There is provided an edible sheet obtainable by steps of: producing a base sheet layer by mixing ingredients such as starch with water and drying a mixture with a hot air to produce a base sheet layer; mixing functional ingredients such as flavoring agents with a particular organic solvent; applying a mixture of functional ingredients on the base sheet; and drying the mixture with a air to form a functional ingredient layer on the base sheet layer. The edible sheet of the present invention can solve problems such as occurrence of hardening, hygroscopicity, fragility, discoloration and the like due to coexistence of the functional ingredients such as flavoring agents, acidulants, pharmacological active ingredients and the like with other ingredients.